# Following a Robot using a Haptic Interface without Visual Feedback

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Abstract— Search and rescue operations are often undertaken where vision and audition are problematic, for instance, a visually impaired person trying to navigate a busy street. Though robots are very promising, the issue of being guided by a robot is largely open and has not received much attention yet.

in smoke filled and noisy environments in which rescue teams must rely on haptic feedback for navigation and safe exit. In this paper, we discuss designing and evaluating a haptic interface to enable a human being to follow a robot through an environment with no-visibility. We first briefly analyse the task at hand and discuss the considerations that have led to our current interface design. The second part of the paper describes our testing procedure and the results of our first informal tests. Based on these results we discuss future improvements of our design.

Keywords-human robot interaction; haptic interface; support for no-visibility/visually impaired

#### I. INTRODUCTION

In this paper, we discuss designing an interface to enable a human being to follow a robot (as shown in Figure 1). A vital pre-condition for successful human-robot cooperation in such circumstances is that the human trusts and has confidence in the robot. Trust and confidence are complex matters, which we have explored in more detail in [14]. In this paper, we focus on designing interfaces for following a robot and make a first attempt to evaluate the designs.

# A. No-visibility

Being guided along an unknown path without visual feedback poses several challenges to a human being, in particular if the guide is a robot.

Contrary to popular prejudice, search and rescue operations are undertaken only when the ground is relatively easily passable [13]; the major problem however, is that the environment is smoke-filled and noisy. Rescue teams therefore must rely on haptic feedback for exploration, navigation and safe exit. However, because of the lack of visual (and auditory) feedback, humans get easily disorientated and may get lost. Robots with a range of sensors on board might be helpful for such conditions. In addition to search and rescue, there are everyday situations

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Figure 1. The Handle.

Young et al. [18] describe walking a robot using a dogleash. They note that leading a robot consists of a delicate interplay between the human leader and the robot requiring ongoing communication and interaction. This includes (for both the robot and the human) monitoring the other's movement direction and speed [18]. The dog-leash is used in conditions of good visibility and a relatively low level of environmental noise. The monitoring heavily relies on visual and aural feedback i.e., the eyes and ears of the

However, lacking visual and aural feedback hampers orientation and causes significant stress for rescue workers as well as for the visually impaired; in addition it constitutes a significant obstacle when aiming to cater for trust and confidence. Nevertheless, psychological research has demonstrated, contrary to early assumptions and common prejudice, 'the presence of a comparable set of spatial abilities in people without vision as can be found in those with vision' [5]. Bremner and Cowle [1][15] note: the senses touch, proprioception, vision, and occasionally audition, 'convey information about the environment and body in different neural codes and reference frames'. Research has also highlighted the extraordinary speed and sensitivity of the haptic sense [8]. This gives enough reasons to explore how to make better use of the haptic sense. Eventually, a well-designed haptic interface suitable for guidance in no-visibility conditions might also be useful in normal conditions and may free the visual sense and related mental resources so that they can be used for other tasks.

# B. Navigation and following

Leading a robot is far from a simple physical locomotion problem [18]. However, making a robot lead a person raises considerable additional issues, concerning the degree of autonomy granted to the robot and the type and extent of control exerted by the human. Based on our analysis of the interaction between a visually impaired person and a guide dog we distinguish between locomotion guidance and navigation. While the visually impaired human handler determines global navigation (i.e., final destination and enroute decision points) the guide dog provides locomotion guidance between these decision points; as it can be seen in Figure 2. Locomotion guidance is effected through a simple haptic interface between dog and handler - that is a rigid handle held by handler and attached to the dog's harness.

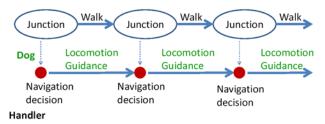


Figure 2. Handling a guide dog/robot; task analysis[14].

Inspired by this, the current paper has the focus on locomotion guidance or simply following a robot in a safe manner. However, we leave the questions on confidence and trust for future.

The paper is organised as follows: after a brief literature (Section II) review, we discuss in Section III, the design presumptions and considerations, which led to the implementation of the final interface (shown in Figure 1). In Section IV, we describe our preliminary and informal test trials. We finish with a discussion on the open issues.

# II. LITERATURE OVERVIEW

Literature on experiences of human subjects with human-robot interaction in low-visibility is rather sparse. The Guardians project [13] pioneered a group of autonomous mobile robots assisting a human rescue worker operating within close range. Trials were held with fire fighters and it became clear that the subjects by no means were prepared to give up their procedural routine and the

feel of security provided: they simply ignored instructions that contradicted their routines.

There are several works on robotic assistance to the visual impaired. Tachi et al. [16] developed a guide-dog robot for the visually impaired, which leads the person. The robot tracks the follower using active sonar, and the follower wears a stereo headset, which provides coded aural feedback to notify whether the follower is straying from the path. There is no means to communicate to the robot, and the follower must learn the new aural-feedback code: the robot serves as a mobile beacon that communicates with the headset.

Allan Melvin et al., [12] developed a robot to replace a guide dog; however the paper does not extensively report trials with users. The GuideCane [17] is a cane like device running on unpowered wheels, it uses Ultra Sound to detect obstacles. The follower has to push the GuideCane - it has no powered wheels- however it has a steering mechanism that can be operated by the follower or operate autonomously. In autonomous mode, when detecting an obstacle the wheels are steering away to avoid the obstacle. The GuideCane has been tested with 10 subjects three of whom were blind and cane users, the other seven were sighted but blindfolded. Basic conclusion: 'walking with the GuideCane was very intuitive and required little conscious effort', unfortunately nothing more is reported on the subjects' experience.

The robotic shopping trolley developed by Kulyukin [4][11] is also aimed at the visual impaired. This trolley guides the (blind) shopper - who is holding the trolley handle - along the aisles into the vicinity of the desired product. The locomotion guidance is fully robot driven but restricted to navigating the aisles; the emphasis is on instructing the shopper how to grab the product using voice instructions.

In the current paper, we restrict the use of a haptic interface (no aural or visual feedback) to locomotion guidance only. By simplifying the task, we are able to take the first step towards evaluating the subject's performance, while following the robot. The future aim is to combine the observed performance of the subjects with assessing their confidence in technology.

### III. ROBOTIC GUIDE

# A. Design presumptions

Our final aim is to design a system and interface that allows skilled and successful guidance, enhancing human trust and confidence. We expect that a key dimension of the skillset of the human follower is the ability to 'read' the whole situation in relation to the relevant programme of action [6][7]. The aim is for *transparent technology*; technology that is so well fitted that it becomes almost invisible in use' [2]. In contrast, an 'opaque technology' is 'one that keeps tripping the user up, and remains the focus of attention even during routine problem-solving activity' [2].

The classic illustration of 'transparent technology' in this sense, and of particular relevance to our own study, was the use of a cane by a blind person (or 'cane traveler') for navigational purposes [2].

### B. Mechanical interface: design considerations and history

A first step towards this aim is to build an interface that will lead the follower along a safe path. The safest path for the follower is a path that the robot already has traversed; thus the follower should follow the trail of the robot exactly. Hence our experiments, reported below, look at the following behaviour of the follower in terms of the ability to closely match the live path of the robot.

Obviously, in order to be able to follow the robot, the follower needs to know where the robot is relative to his/her current position and orientation. Initially our project looked at three distinct interfaces: a wirelessly connecting device for instance a Nintendo Wii, a short rope/rein or leash and a stiff handle. A major problem for any wireless device lies in how to indicate the position of the robot with respect to the follower. A rope does indicate the direction of the robot but only when there is no slack. Young et al. [18] use a springloaded retractable leash design (popular with dogs), which keeps the leash taut; the retracting mechanism however obscures the length of the leash and thus the distance between the robot and the follower is not known. Our final choice has been for a stiff handle via which the position (direction and distance) of the robot is immediately clear to the follower.

# C. Interaction with a Stiff interface:

We tried a stick held in one hand mounted on a disc with unpowered omni-directional wheels (as presented in Figure 3). Basically, the disc would be set into motion by the person holding the stick. The omni-directional wheels made the disc easy manoeuvrable in any direction (on the floor). However, when holding the stick blind folded, a lack of accuracy in sensing the direction has been noticed; several subjects immediately put their second hand on the stick to compensate. Our observation of a lack of accuracy of a one handed hold is in line with experiences in using a white cane. Visually impaired people using a white cane do hold the cane in one hand but they also apply a special grip (for instance stretched the index finger) and/or keep the elbow touching the body. We note that manipulating our disc is not as easily as handling a white cane.

From this we concluded that a crutch like design of the handle, in which the stick is fixed on the lower arm, is preferred.



Figure 3. Hand held stick on a disc with omni-directional wheels.

# D. Implementing the handle (stiff Rein) on the robot

Based on these conclusions, a simple crutch-like prototype with a ball-free mechanism at the base (as presented in Figure 4) was developed to enable some initial experimentation. The pilot studies have revealed that, there have been instances such as:

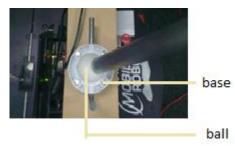


Figure 4. Ball-free mechanism at the Base.

- The follower did not feel safe following the robot (as presented in Figure 5). Obviously we can judge the path of the follower as safe when it closely matches the path of the robot.
- The follower lost track of the orientation (heading)
  of the robot, though its position was clear. As a
  consequence, the follower did not feel comfortable
  following the robot at the turns. The handle
  delivered an abrupt tug to the follower at the point
  of the turns.



Figure 5. Unsafe path, the follower gets deviated too much off the course.

These findings led to the design of a third prototype to ensure safety, comfort and rigidity. The prototype consists of a mechanical feedback spring system at the base, as presented in Figure 6. The spring system allows rotation of the handle on the horizontal plane. When the spring system has zero tension, the handle is aligned with the center line of the robot. When the handle is being rotated, the spring system induces tension on the handle, which increases with the rotation angle. The system also comes with a pin enabling to nullify the action of the springs, giving us the option to carry out a comparative study between a flexible joint and a fixed joint. Thus, this handle provides two testing options:

• The handle is attached in a fixed joint (rigid): meaning the handle is fixed at base using the pin.

• The handle is attached with a flexible joint (spring): meaning the handle can rotate in the horizontal plane, and rotation induces tension on the handle.

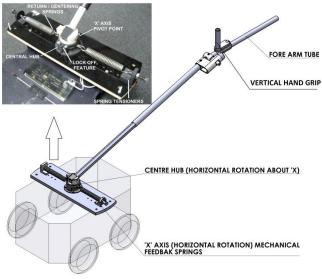


Figure 6. Handle with spring system.

### E. Robot and sensors

The handle has been mounted on a Pioneer-3AT 4-wheel robot. In the experiments reported below, the robot was autonomously navigating fixed trajectories while being supervised by an operator. The operator was able to stop/start the robot remotely using a developed Java application [9]. The robot operated with a linear speed of 0.6m/s and the angular speed was set at 0.5 rad/s (at the turns).

At all time, the walking pattern of the follower was being observed and the degree of displacement of the follower with respect to the center line of the robot was being recorded using a Hokuyo Laser Range Finder, which was fixed exactly at the middle of robot's rear bumper. Data collection proceeded at a speed of 10Hz or 10 observations per second. The positions of the robot at every instance of time were measured by odometry sensors. The data was sent to the operator's workstation using a Lantronix 802.11g WiPort modem.

### IV. ROBOTIC EVALUATION GUIDELINES

In designing and interpreting our preliminary experimental studies, we were guided by the theoretical perspective of developing the robot guide as 'transparent technology' [2] [3]. And, the primary evaluation purpose was to test usability: whether a person could easily follow the robot.

# A. Testing Protocol

We studied the effect of two different settings of the stiff interface on the following behaviour of right-handed participants. On each of the trials, the subjects were asked to use the stiff handle in one of the following modes:

- The handle attached in a fixed joint (rigid)
- The handle attached with a flexible joint (spring)

The overall aim of the study is to evaluate the use of an autonomous robot guide. However, autonomous behaviour can occur in many variants; for our study, we confined the robot to five pre-programmed repeatable behaviours. Thus, the robot was made to move autonomously in one of the following pre-programmed trajectories below:

- path A: Straight line (approximately 8 meters).
- *path B*: Straight line (approximately 5 meters) + sharp turn (right/left) + straight line (approximately 3 meters)
- *path C*: Straight line (approximately 5 meters) + gentle turn (right/left) + straight line (approximately 3 meters).

When the robot moves in a straight line, the set linear speed is inspired by the normal walking speed of a person. However, for setting the robot's angular speed we do not have an intuition; therefore we designed a smooth turn (close to 45 degrees) and a sharp turn (close to 90 degrees).

Our preliminary and informal tests were carried out with team members (four) as subjects; each of them performing 8 trials for each of the paths A, B and C, with different handle settings. Subjects were blindfolded and asked to put headphones on. Before the commencement of each trial, the handle was attached to the subject's forearm and a gentle pat was the pre-arranged haptic signal from the experimenter, used to indicate the start of each trial. For each trial we monitored the following:

- the position coordinates (odometry sensors) of the robot in the experimental space, at a frequency of 10 Hz
- the degree of displacement of the subject from the trajectory of the robot.

The data collected were used to examine the spatial correspondence of the robot's path and the follower's path.

### B. Experimental results

# *Robot following path A*:

Our first trial with each subject aimed to observe how the person follows the robot. The handle is mounted in the middle of the robot, while the crutch like part of the handle is attached to the right fore-arm of the follower (right-handed) thereby making him/her stand about 15-20 cm left of the center line of the robot (as presented in Figure 7). In the figures below, we show reconstructions of the paths of the robot and the follower across several trials. The reconstruction is based on the data collected (10 Hz) on board of the robot. The movements (straight/left/right) of the robot and follower are shown in the diagrams.

The robot is around a meter (length of the handle) in front of the follower. So while the robot starts at time  $t_0$  at position (0,0) the follower is at time  $t_0$  at position (-1,0). Figure 8 shows a reconstruction of the straight path (path

A). When the path is straight, there is no impact of handle settings (fixed or sprung joint) on the following behaviour: the follower follows the robot, slightly (15-20 cm) off the robot's centre.



Figure 7. Position of the follower at the start.

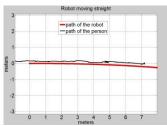


Figure 8. Reconstruction of the paths of robot and follower moving in a straight-line.

### *Robot following path B:*

Figure 9 and Figure 10 show a reconstruction of the paths while the robot takes a sharp turn to the left. It is visible across the trials that there is a very obvious difference between the follower's experience with fixed joint (Figure 9) and the sprung joint (Figure 10) and the impact of these two different handle settings on the follower's following behaviour. When the joint is fixed as in Figure 9 the follower is forced across the centre line of the robot. The follower gets deviated about 0.5 m of the life path of the robot. With the flexible joint this effect is rather minimal and there is a higher degree of matching of paths (as Figure 10 shows).

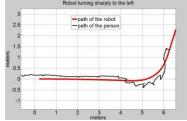


Figure 9. Reconstruction of the paths of robot and follower with sharp turn (fixed-joint).

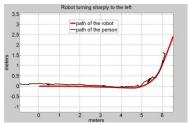


Figure 10. Reconstruction of the paths of robot and follower with sharp turn (sprung-joint).

### *Robot following path C:*

Figure 11 shows the reconstruction of the paths of both robot and follower, while the robot takes a gentle turn. In this case, when the robot turns, there is also a clear, but smoother deviation of the follower's path from the path of the robot.

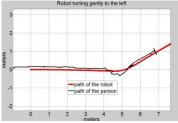


Figure 11. Reconstruction of the paths of robot and follower with gentle turn (fixed-joint).

# Turning right versus turning left

It became evident from our experiments that there is an acute difference in the following behaviour when the robot is turning right and when the robot is turning left. On right turns, the follower's path deviates considerably more from path of the robot (at the point of turn) than on left turns, compare Figure 9 with Figure 13.

The follower is holding the handle in the right hand; when the robot is taking a right turn, the crutch like handle pushes the follower's arm towards the body of the follower. This is forcing the follower to step out; at the same time the initial 'inertia' of the follower causes slippage of the robot meaning that Figure 13 and Figure 14 also include a slippage error.



Figure 12. The body posture of a person during left (left) and right (right) turn.

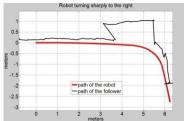


Figure 13. Reconstruction of the paths of robot and follower with sharp right turn (sprung-joint).

Contrarily, during a left turn the arm has much more freedom for movement and the following behaviour looks more comfortable. Figure 12 shows the body postures of a person when the robot starts turning right and left. These effects are persistent during gentle turns as well (as shown in Figure 14).

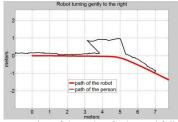


Figure 14. Reconstruction of the paths of robot and follower with gentle right turn (sprung-joint).

### V. DISCUSSION

The findings of the experimental trials raise a number of issues about the design of the handle and user experience that deserve further investigation. First of all, it seems clear that when the handle is attached with a flexible joint (spring) the follower's path better matches the path of the robot; there is only little displacement of the human follower from the robot's trail. For right turns, deviations start very abrupt, but remain smaller with the sprung-joint. In the turns the follower is exerting some force on the robot and this causes the robot to slip and maybe slide. The reconstructed paths in figures 9-14 are based on odometry data and will contain some error, nevertheless the overall patterns can be recognised in the videos taken.

The flexible handle setting allows for a build-up of tension within the spring mechanism in real time, meaning that the forces on the subject accumulate gradually, thereby causing a delay between the start of the robot's turn and the follower reacting to it (the start of the subject's turn). That delay makes for a smoother turn and one that is more accurate spatially, however, it leaves open how immediately and accurately the follower is alerted of the movements of the robot through the haptic interface.

In terms of the subjective experience of the follower, our initial anecdotal evidence suggests that the flexible handle setting affords a smoother and more comfortable guided experience, although the firmer and more abrupt tug delivered by the inflexible handle may give the handler a keener awareness of spatial orientation and location.

Future experiments will have more formal layout and will include questionnaires in order to capture the subjective experiences. Also, we will have to compare right and left handed subjects in order to confirm our intuition that on a left turn a left handed person is also forced to step out and mirrors the pattern of a right turn by a right handed person.

Future work will concentrate on refining the objective and subjective measures of path correspondence and examine to what extent following can be seen as a learnable skill, with the handle becoming 'transparent technology' and helping in 'human-technology symbiosis' [10].

### VI. CONCLUSION

In this paper, we have presented a haptic interface attached to an autonomous robot for locomotion guidance. We have reported on a small scale experimental study of different settings of the interface. We have learned that the feedback spring mechanism at the base of the interface created a quite different feel to the task of following the robot without any visual and audio feedback, giving more safety and comfort.

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